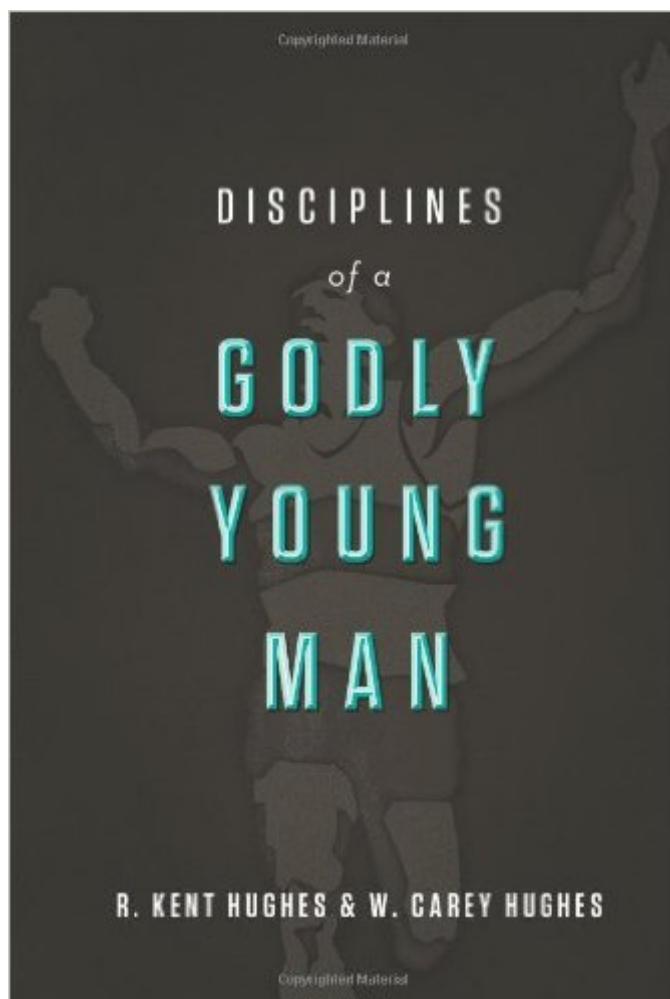


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# Disciplines Of A Godly Young Man



## **Synopsis**

Point blank, this is a punchy, no-holds-barred book for young men. Laying out the challenge to be disciplined, godly, and sold-out for Jesus, the authors talk about purity in your thought-life, cultural pressure, and perseverance as a Christian. Let father and son Kent and Carey Hughes help you live a life of integrity and become the man God is calling you to be.

## **Book Information**

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## **Customer Reviews**

If you enjoyed Disciplines of a Godly Man, then you will likely enjoy Disciplines of a Godly Young Man, for the latter is largely a reprint of the former with a handful of illustration changes to engage a younger audience (approximately high school through college-age). Primary Differences: - Five chapters from Disciplines of a Godly Man have been omitted from Disciplines of a Godly Young Man (Discipline of Marriage, Fatherhood, Worship, Integrity, and Leadership). - The Introduction and "Discipline of the Mind" Chapters from Disciplines of a Godly Man are further divided into two chapters each in Disciplines of a Godly Young Man, most likely to cater to shorter attention spans. - Resources in the newer book have been updated (ex. Online Bible reading plans, apps, etc.) and are accessed online rather than in the Appendices at the rear of the book. Ultimately, there is very little that distinguishes Disciplines of a Godly Young Man from Disciplines of a Godly Man. Although Disciplines of a Godly Young Man omitted chapters from its predecessor, it did not introduce new, relevant content in its place. (For example, marriage and fatherhood are removed from the section on relationships, a fitting place to discuss relating to parents and siblings.) Since there isn't really any new information (even the subtitles are the same, for the most part), I would simplify and purchase the latter as it will be useful to its reader for decades as opposed to a decade...unless you

think that this new cover and title will have greater reading appeal to the young man in your life. ;) As for the book content, both books contain concise chapters with practical advice and encouraging illustrations that will likely hold the attention of many readers.

Today's culture is fascinated with watching the fruit of other people's discipline while neglecting our own discipline. What do I mean by that? Take sports for example. We love to watch Dwyane Wade throw an alley-hoop to Lebron James. These two guys pour in hours at the gym each day. They are extremely disciplined and yet we can't remember the last time we ran for twenty minutes. This also occurs in our spiritual lives. Today's Christian Young Men (I don't consider myself too far removed) are fascinated with podcasts. We love sitting and listening to Matt Chandler or John Piper as the fruits of these men's disciplines come alive. And all the awhile we are neglecting our own spiritual discipline. The truth is, most of us don't even know what it looks like to cultivate a godly disciplined life. This no longer has to be true. Following the popular Disciplines of A Godly Man, Kent and Carey Hughes have teamed up to write Disciplines of A Godly Young Man. The book is written to young men around the ages of 13-18 and has provided them with a tool to cultivate spiritual discipline. Discipline is a sweaty exercise. It comes from work, hard grueling and testing work. Paul says in 1 Timothy 4:7, "train yourself for godliness". The Hughes start their book discussing the importance of discipline, a Holy Sweat. This introduction provides a great framework for the rest of the book. Many of us are talented in an area of life and thus have natural advantages. Because of this, we expect it to translate to our spiritual life as well. On this, Hughes writes, "None of us can claim a natural spiritual advantage. In reality, we are all equally disadvantaged. None of us naturally seeks after God" (pg. 18). Thus, discipline in the Christian life is extremely important.

This book may be addressed to young man explicitly, but it implicitly applies to all believers in Christ. Using 'discipline' as the main operative word throughout the book, the author's conviction is that without discipline, one cannot grow up to be the mature man in God. Beginning with stories of mainly famous sports persons, the authors continuously hum the chorus: "No manliness, no maturity! No discipline, no discipleship! No groans, no growth! No training, no triumph!" (22) Written in 5 sections, the authors attempt to instil the need for discipline in relationships, in the soul, in character, in ministry and in grace. Reading this book reminds me of Paul's instructions to Titus about young men. "Similarly, encourage the young men to be self-controlled." (Titus 2:6) In that short letter, Paul has one of the shortest instructions for the young men in the Church. Self-Controlled. I see 'discipline' as a way in which Titus 2:6 can be practised. This book certainly goes wide in terms

of reaching out to young men in very important spheres of their lives. There is something for the relational young man. There are many good ideas to cultivate the mental prowess. There are great stories regarding the building of character. There is also the responsibility to be a part of Church through serving, giving, and regular attendance. All in all, though the book is targeted at young men, it can benefit a wider audience. In fact, if all young men can read this book, and apply the suggestions in it, our future is bright. Our nations will be swarming with future leaders who will be strong, faithful, and will honour to home, to country, and to God. The best way to use this book is to read it together with a group, or another person.

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